Creating Strong Families throughout Jefferson County

Dear Community Partner,

You are receiving this invitation to attend a Strengthening Families Training event because you are a Community Partner or because you have shown great interest and involvement in bettering the lives of children and families living throughout Jefferson County.

Perhaps you are not familiar with the Strengthening Families: Protective Factors Model. Strengthening Families TM is a research informed approach to increase family strengths, enhance child development and reduce the likelihood of child abuse and neglect. It is based on engaging families, programs and communities so that they can help instill the 6 key ingredients that are necessary to build strong families.

The 6 Protective Factors...

- 1) Be Strong and Flexible.
- 2) Parents Need Friends.
- 3) Being a Great Parent is part natural and part learned.
- 4) We all need help sometimes.
- 5) Parents need to help their children communicate.
- 6) Give your children the love and respect that they need.

By using the Strengthening Families Framework, more than 30 states have shifted policy and practice to help programs working with children and families focus on protective factors. States apply the strengthening families approach in early childhood, child welfare, child abuse prevention and other child and family serving systems.

You may or may not know but a diverse group of people who serve families of young children have been working together to organize a series of Parent Café's in Jefferson County.

Parent Café's are a method of facilitating meaningful, reflective conversations that promote leadership and collaboration. These gatherings bring community members together for a series of structured conversations that directly or indirectly address protective factors. Through participation in café's, parents and caregivers build leadership and relationships as well as protective factors that help strengthen their families.

You are invited to attend:

Strengthening Families / Parent Café Training

Presenter: Lilly Irvin-Vitela, MCRP Common Worth LLC

Date:

Friday, September 11th, 2015 8:00 a.m. to 3:00 p.m.

Location:

Masonic Lodge Center 617 Masonic Blvd. Jefferson, Wisconsin 53549



This training is **<u>free</u>** to our partners and supporters.

However, if you would like to attend please call the Head Start Office at: 920-674-5577 to reserve a spot. The deadline for registering for the training is Tuesday, August 18th, 2015.

❖ A light lunch, as well as, beverages will be provided.

If, after attending the training above; you are interested in getting further involved in the Parent Café experience as a greeter at the café to help serve food or to be available as a resource person at the end of the evening a second training is scheduled.

Parent Café Volunteer Training

September 18th, 2015 8:00 to 12:00 p.m.

Masonic Lodge Center 617 Masonic Blvd. Jefferson, Wisconsin 53549



Call 920-674-5577
No later than Wednesday, September 16th, 2015 to reserve a spot!